

QUESTIONS TO ASK

Assisted Living Communities

What Types of Care and Services Are Provided?

- ☒ What is the scope of personal care services?
 - ☐ Do you provide specialized care for individuals with conditions like
 - ☐ Alzheimer's or other forms of dementia?
 - ☐ What health monitoring systems are in place here?
 - ☐ Is there an on-site nurse or physician? How often are they available?
 - ☐ What is the process if a resident needs additional medical support over time?
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What Are the Qualifications and Training of the Staff?

- ☐ What certifications or licenses do the caregivers and medical staff hold?
 - ☐ What ongoing training is provided to staff, especially regarding care for residents with memory loss or mobility challenges?
 - ☐ What is the staff-to-resident ratio, and how does this vary depending on the time of day?
 - ☐ How does the facility ensure continuity of care with high staff retention?
 - ☐ Are background checks conducted on all staff members?
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What are the Care Costs and What is Included?

- ☐ What is the monthly fee, and what does it cover?
 - ☐ Are there additional costs for services such as medication management, transportation, or specialized care?
 - ☐ How often do prices increase, and by how much?
 - ☐ Are there different pricing levels depending on the level of service needed?
 - ☐ Is there an entrance fee or deposit required, and is any portion refundable?
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How Would You Describe the Living Environment?

- ☐ What types of living accommodations are available?
- ☐ Are rooms furnished, or can residents bring their own furniture?
- ☐ What safety features are in place in the rooms and around the facility?
- ☐ How often are the rooms cleaned and maintained?
- ☐ Can residents personalize their living space?
- ☐ Are you able to talk to a current resident and hear about their experiences?

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What Social and Recreational Activities Are Offered?

- ☒ What daily and weekly social, physical, and recreational activities are available?
 - ☐ Are there opportunities for residents to continue hobbies or develop new ones?
 - ☐ How does the facility accommodate residents with different activity levels or those with physical or cognitive limitations?
 - ☐ Do residents have access to transportation for off-site activities, shopping, or appointments?
 - ☐ What religious or spiritual activities are offered?
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How Does the Facility Ensure Resident Safety?

- ☐ What safety measures are in place to protect residents?
 - ☐ How are falls and other emergencies handled?
 - ☐ What systems are in place to monitor residents' well-being, especially during the night?
 - ☐ Is there 24/7 security or monitoring on-site?
 - ☐ What procedures are in place in case of a medical or environmental emergency?
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What is the Food Quality and Dining Experience Like?

- ☐ What is the menu like, and how often does it change?
 - ☐ Are there accommodations for special dietary needs?
 - ☐ Can residents choose what they want to eat, or are there set meals?
 - ☐ What are the dining hours, and is there flexibility?
 - ☐ Are snacks available outside of meal times?
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What is the Philosophy of Care and Overall Atmosphere?

- ☐ What is the facility's philosophy on aging and care?
- ☐ How does the staff handle conflicts between residents or concerns from families?
- ☐ What is the protocol for addressing grievances or complaints?
- ☐ Is there a resident council or family advisory board?