

QUESTIONS TO ASK

Memory Care Communities

A Community's Approach to Memory Care

- ☒ How are staff members trained to care for individuals with dementia or Alzheimer's?
 - ☐ What is the staff-to-resident ratio?
 - ☐ Does the community follow a specific memory care model or philosophy?
 - ☐ Are there specialized programs for different stages of dementia?
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Safety & Security Measures

- ☐ What security features are in place to prevent wandering?
 - ☐ How are residents monitored throughout the day?
 - ☐ How does the community handle medical emergencies?
 - ☐ Is there an emergency plan for situations like fires or natural disasters?
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Quality of Care & Health Services

- ☐ What medical services are available onsite, and are there visiting specialists?
 - ☐ How are personal care needs (bathing, grooming, etc.) managed?
 - ☐ How is medication managed, and who oversees it?
 - ☐ Are there fitness or wellness programs available for residents?
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Daily Engagement & Activities

- ☐ What kinds of activities are offered to residents daily?
- ☐ Are activities tailored to individual residents' interests and cognitive abilities?
- ☐ Are there group activities to promote socialization?

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Environment & Amenities

- ☐ What are the room options, and can they be personalized?
 - ☐ Are rooms private, semi-private, or shared?
 - ☐ Are the spaces designed with accessibility in mind for people with cognitive and mobility issues?
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Family Communication & Involvement

- ☐ How are family members kept informed about their loved one's well-being?
 - ☐ Is there a dedicated staff member who handles family communication?
 - ☐ Are families involved in the development and updates of the care plan?
 - ☐ What are the visitation policies, and are there restrictions?
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Pricing & Financial Information

- ☐ What is the monthly cost, and what services are included?
- ☐ Are there options for Medicaid, Medicare, or other insurance coverage?
- ☐ Are there any additional fees for extra services, such as special therapies or outings?